



May

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1). CSU Chico Hearing Fair 10-2pm	2).	3).
				Iversen Center Wellness Fair 10-2pm		
4). NO ART	5).	6). *Book Club from 10:15-11:30am: reading The Beauty in Breaking	7).	8). *THRESHOLDS Meeting from 4pm-5:30pm	9).	10).
11). *Art from 10am-12pm	12).	13). *Book Club from 10:15-11:30am: reading The Beauty in Breaking	14).	15).	16).	17).
Project Homeless Connect 9-2pm		*Music Therapy from 3:30-5pm: singing and percussion!				
18). *Art from 10am-12pm	19).	20). *Book Club from 10:15-11:30am: reading The Beauty in Breaking	21).	22).	23).	24).
25). *Art from 10am-12pm	26).	27). *Book Club from 10:15-11:30am: reading The Beauty in Breaking	28). *Redding Peer Support Group from 1-2 pm	29).	30).	
		*Music Therapy from 3:30-5pm: singing and percussion!				

- 🎨 **Art Therapy:** Phone number is (53) 370-1285 and is located at 1459 Humboldt Rd, STE. B
- 🎵 **Music Therapy:** Email rachel@haleymusictherapy.com and located at 2550 Floral Ave, Chico
- 📖 **Book Club:** Phone number is (530) 342-3118 and located at Waterland-Breslaier Building. 341 Broadway, Suite 402 Conference room. We are currently reading *The Beauty in Breaking*.
- 📝 **Thresholds:** Every Second Friday of the month from 4:00-5:30 pm at the Enloe Conference Center in the Plane Tree room, 1528 Esplanade, Chico, CA. This meeting will be discussing the changes happening in Medical, from speaker Matt Bowen from the Far Northern Regional Center.
- 🧠 **Redding Peer Support Group:** Every 4th Thursday of the month from 1-2pm at 2440 Athens Ave in Redding CA. This group meets to support one another, socialize with people in the community, and learn about traumatic brain injuries. Contact ellyo@actionctr.org or call (530) 242-8550 if you are interested!
- 🎧 **CSU Chico Hearing Fair:** On May 1st from 10-2pm, the Graduate students at CSU Chico will be doing free hearing screenings! Stop by and get your hearing screened and don't forget to grab some free snacks on your way out. It is being held at Aymer J. Hamilton Building, right behind the Bidwell Mansion.
- ❤️ **Project Homeless Connect:** This event is happening on May 11th from 9-2pm in Redding at the Civic Auditorium (700 Auditorium DR, Redding CA). There are many services provided here, like: SSI/SSDI Benefits, Medi-cal, CalFresh, eye exams, legal services, haircuts, food and more!
- 🧑‍🦰 **Iversen Center Wellness Fair:** On May 1st from 10-2pm, Iversen Center is hosting a wellness fair with providers and programs like Caminar, B-Line, Catalyst, and more! Find this at 492 Rio Lindo Ave, Chico, CA 95926-1815, United States.